

## Seiko NHxx Movements

### NH34

- Complication: GMT
- Functions: Central hours; central minutes; central sweeping seconds; central GMT hand; date at 3:00

### NH35

- Complication: Date
- Functions: Central hours; central minutes; central sweeping seconds; date calendar at 3:00

### NH36

- Complication: Day-Date
- Functions: Central hours; central minutes; central sweeping seconds; day/date calendar at 3:00

### NH37

- Complication: 24 hours
- Functions: Hours, minutes, central seconds, date calendar, 24-hour indicator

### NH38

- Complication: No Date
- Functions: Central hours; central minutes; central sweeping seconds

### NH39

- Complication: Open Heart
- Functions: Hours, minutes, central seconds

### NH70/NH71

- Complication: Skeleton
- Functions: Hours, minutes, central seconds. NH71 is newer than NH70, NH70 Nickel plated and NH71 gold plated